



Learn more
uvinsurance.ca/uvhealth-plus

Offered in partnership with **Maple**

**Online health care easily
accessible wherever you are!**

24 h | 7 days a week

Telemedicine or mental health consultation for you and your family



Unlimited access
to **Canadian general
practitioners** to treat many
health problems.



6 consultations per certificate per year
with a **mental health therapist**.

Available in less than 12 hours or by appointment.
The minimum age requirement to request a
consultation with a psychotherapist through
Maple is 14 years of age.

Other services available

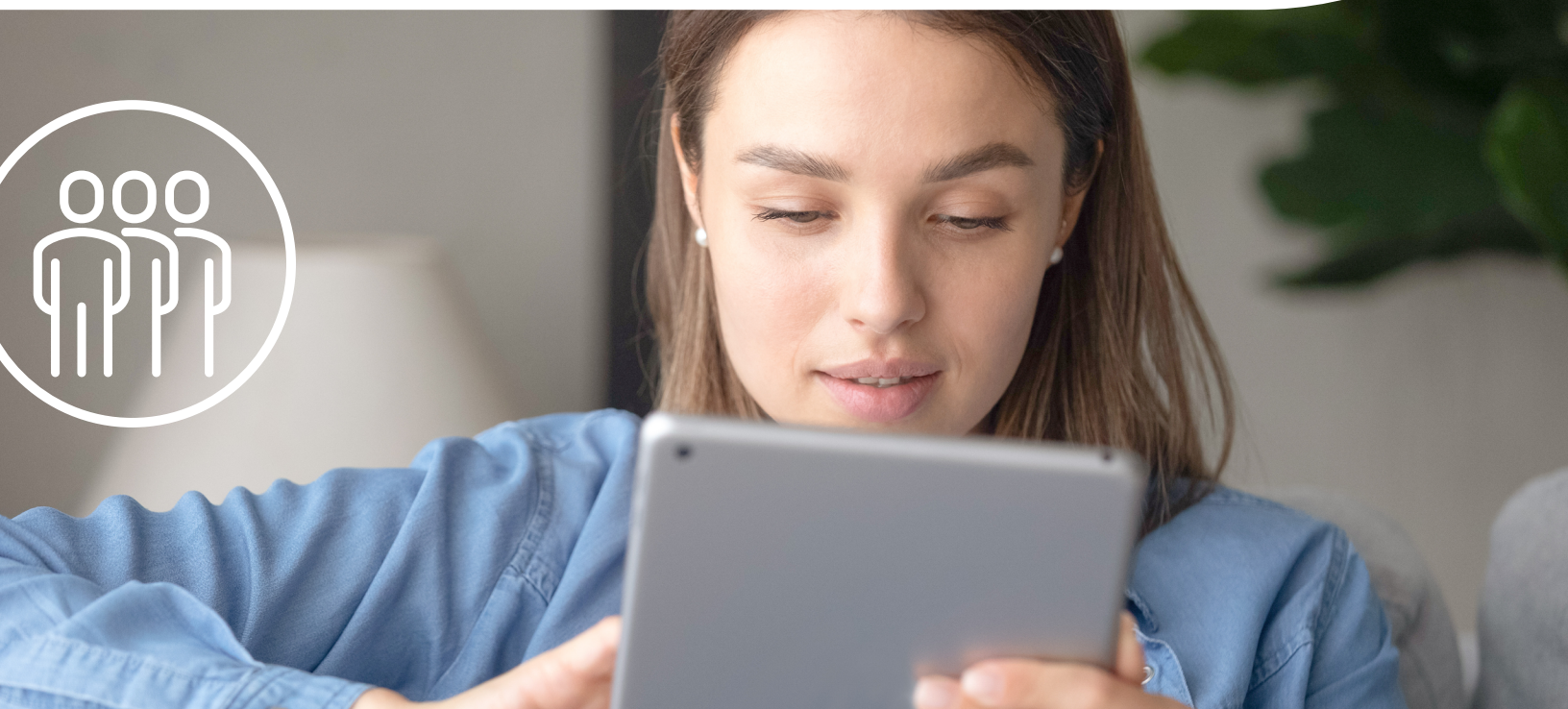


Personalized selection of **articles
on health and wellness**.

Short **questionnaires** to help you do
mental health assessment to support your
conversations with clinicians at Maple.



Assistance to the user
with a **care coordinator**.



Virtual consultation

Sign up for Maple in 3 easy steps!



1

Go to the registration page

Enter your login
(insurance certificate number
and date of birth).

2

Set up your account

Fill out your profile
and create a username
and a password.

3

Use the services

Log in and
use the services
available.



Once you have registered, you can
download the **mobile application** for easy access to services.



Ready to get started?

Go directly to the registration page:
getmaple.ca/uv-insurance